

LARIMER COUNTY | BEHAVIORAL HEALTH SERVICES

2260 W. Trilby Rd., Fort Collins, Colorado 80526, 970.498.7126, Larimer.org

MINUTES

LARIMER COUNTY BEHAVIORAL HEALTH POLICY COUNCIL, TECHNICAL ADVISORY COMMITTEE, & CONSUMER ADVISORY COMMITTEE MEETING

Date: December 2, 2024
Time: 8:00 - 10:00am
Location: 2260 W. Trilby Rd. Fort Collins, 80526 & Zoom Webinar
Contact: Amy Martonis, Director Behavioral Health Services

Participants:

Nicole Armstrong, Erin Black, Cedric Clark, Bianca Doherty, Michael Ellis, Seth Forwood, Amber Franzel, Josh Fuller, Jarah Grashorn, Susan Gutowsky, Erin Hadlow, Gary Hall, Cheryl Jacobs, Bill Jenkins, Radhwan Jubair, Will Karspeck, Glenda Kastle, Commissioner John Kefalas, Andrea Linafelter, Dee Anne Menzies, Chad Morris, Rachel Olsen, Michael Ruttenberg, Commissioner Shadduck-McNally, Ron Steinbach, Laura Walker, David Wiegand

Absent:

Sierra Black, Jim Fox, Kelly Glick, Tom Gonzales, Isabel Gwilliam, Madison Krumwiede, Mary Maldonado, Amber Sullivan, Laura Whitney

Guests:

Dr. Lesley Brooks

Attendees:

Karen Barrett, Ethan Dexter, Kyle McPherson

CALL TO ORDER – 8:10 a.m.

COMMISSIONER REMARKS

1. Commissioner Shadduck-McNally called the meeting to order. Commissioner Shadduck-McNally remarked that it's a special day, as it's the 1st anniversary of the opening of Longview. The Commissioner thanked the community and attendees for their service to get to this point. She also wanted to give thanks to Larimer County staff and Summitstone Health Partners. Commissioner Shadduck-McNally went on to detail that she believes the

success of this initiative is due to our partnerships and collaboration as well as the support of the community. She took a moment to highlight some of those partnerships and the incredible work they're doing, including the Alliance for Suicide Prevention, and the Matthews House.

INTRODUCTIONS

1. Commissioner Shadduck-McNally had members briefly introduce themselves, share what advisory group they're on, their behavioral health affiliation or interest area, as well as what they're most excited about in 2025.

STANDING AGENDA ITEMS

1. Commissioner Shadduck-McNally asked for a motion to approve the August 19, 2024, BHPC meeting minutes. Ron Steinbach made the motion, seconded by Bill Jenkins; the motion was approved unanimously.
2. Amy Martonis and Dr. Lesley Brooks (SHP) shared a 2024 Longview Snapshot. At this 1st anniversary of the opening of Longview Amy expressed her appreciation to Dr. Brooks for her leadership and collaboration. On behalf of SHP, Dr. Brooks thanked Amy, Laura Walker, and the LC Commissioners for their leadership and efforts over this first year of Longview operations as well as the community and advisory group members. Dr. Brooks began by giving a quick overview of the services available at Longview. These services include 24/7 urgent care with 10 exam rooms available 365 days a year for all ages, 23-hour observation, withdrawal management, a crisis stabilization unit, pharmacy and lab, and as a benefit of the unique structure of this facility both behavioral health and medical providers working alongside each other. As of 11/30/24 Longview has seen 6,585 urgent care visits, with 3,105 admissions to one of those levels of care previously mentioned. 78% of clients coming to Longview walk in the front door. When Longview opened on 12/2/23 there were 16 beds available and all of those beds were full within 36 hours. Today the facility has 56 beds and only about 40% of clients seen end up being admitted to another level of care. 55 - 60% of clients coming to Longview can be safely planned for with ongoing care and can go home. Dr. Brooks then took a few minutes to answer member's questions.
3. Commissioner Shadduck-McNally gave a quick update on the Co-Responder program and had Amy Martonis present a Community Landscape Update. Amy discussed a couple of key themes that she's picked up on while doing a lot of listening and learning about the community landscape in the last few months. Those themes are collaboration and strategic alignment, particularly in regard to the Community Master Plan for behavioral health and the actionable steps required to bring that work forward. Amy went on to highlight a few community groups whose work will inform and shape this work in 2025 and will shape how we move forward in BHS and advance those agenda items. Those

groups include the Mental Health and Substance Use Alliance and the Youth Mental Health Task Force.

DISCUSSION/DECISIONS

1. Ryan Barstow briefly presented the available resources for Behavioral Health Services advisory group members. Those resources included [BHPC Bylaws](#), [LC Boards & Commissions Policy & Code of Conduct](#), [Guide to Open Meeting Laws](#), an [overview of BHS](#), and the [Boards and Commissions website](#). Ryan then requested member input on standing meeting times for 2025 via a brief survey. BHPC members indicated that they'd like to continue to meet at 8 am while TAC and CAC members indicated they'd like to move the meeting starting time from 8:30 to 9 am.
2. Jessica Plummer presented an overview of the Impact Fund Grant Program, available [here](#). As the recipient of the Gary A. Darling award in 2024, Jessica had Nicole Armstrong briefly discuss the Matthews House program.
3. Commissioner Shaddock-McNally requested a motion to adjourn the meeting. Seth Forwood made the motion, seconded by Susan Gutowsky.

ADJOURN – 10:00 a.m.