



LARIMER COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

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Date: Wednesday, November 01, 2023

Time: 8:00 AM

Location: Zoom Meeting

EXTENSION ADVISORY COMMITTEE AGENDA

Public Registration:

This is a hybrid meeting, so come in-person or join the meeting virtually via Zoom to be let into the waiting room at:

<https://larimer-org.zoom.us/j/93331576481>

Contact: Please contact Andy at (970) 498-6002 or weaklaand@co.larimer.co.us if you are unable to attend the meeting.

Call to Order

Public Comment

Agenda Review

Approval of Minutes

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Board Feedback

County Commissioner Liaison Reports/Comments

Information Items

1. **4-H** (*Rachel, Bailey, Pam, Diane and Diana*)

4-H Open House was a success! Approximately 60 families attended with 99 potential new members

4-H online enrollment is open for the 2023-2024 year

Achievement Night will be taking place on November 3rd at The Ranch Events Complex

Colorado leadership camp will take place November 10th- 12th in Glenwood Springs we have 3 members and one chaperone attending

Juntos 4-H/STEM

Second Juntos cohort launched October 19th at Poudre High School - This is our third week!

Innovation Night at Windsor Charter Academy was a success with 300-500 people in attendance

STEM @ Wellington Boys & Girls Club weekly

Jingle Bell Jackpot (Youth Livestock Show) scheduled for December 3rd

Hosted Carcass Seminar at CSU on 10/12- 50-55 people in attendance

Beef orientation took place on 10/13

2022-2023 4-H Program numbers

769 Youth ages 8-18 by January 1

87% completion rate

86 Cloverbuds ages 5 through 7 by January 1

90% completion rate for clover buds

269 Adult Volunteers

2. **Ag & Natural Resources** (Jess)

Champion of Soil Health Action for the LC Climate Change and Future Ready Goals, meeting with Larimer Conservation District and NRCS Fort Collins office to discuss partnership and program collaboration for this goal

Creating a list of producers in Larimer County in various commodities, to meet with in December to introduce my role and create a discussion around current issues they are facing and solutions

Had 6 small acreage site visits since August, and 3 upcoming

First site visit using Bailey's expertise in livestock health and management.

Working with 2 new farmers in Larimer County, one farmer starting a permaculture farm in Loveland, and another farmer starting a CSA in Carr, CO. Both are filling out their new farmer intake forms and then we will work from there on what resources they will need from extension to help them be successful.

3. **Community Development** (Lisa)

The Spanish Aging Mastery program is well underway with 11 participants, one zooming into the class from Mexico.

Cherly Archer will be presenting to the class on Advanced Care Planning today!

The FLTI Facilitator training was held in Denver September 25th - 28th. In collaboration with La Familia we sent two facilitators to be trained. We are waiting to hear back from the evaluators if they will receive certification.

FLTI Larimer County continues to facilitate and co coordinate the Nueva Vida mobile home park community meetings.

Working with a team to make the field at Nueva Vida safe for the kids with donations for fences and soccer goals.

Lisa attended the Community Empowerment Event at the Senior center providing resources and asking feedback from community members on Extension programming.

4. **Farmers' Market** (Rachel/TBD)

The 2023 season wrapped up on October 28 with our 4-H Fall Festival

It was our most successful season to date for many reasons - a record number of vendors who applied and sold with us; the most SNAP and Double Up Food Bucks redeemed; we were selected as a WIC Market; we had our largest gross sales in market history; and we had a wonderful intern who helped us plan monthly special events

Interviews for the LCFM position will be held November 16 and 17, 2023

The rest of the fall will be spent collecting payments, finalizing our grant programs, creating a yearly impact report, and preparing for 2024

5. **Food Safety & Nutrition** (Amber & Analecia)

Presentation

6. **Health & Well-Being** (*Christa & Cheryl*)

Market Days (Cheryl) - The season ended October 28th. A year-end report will be finalized. We served 260 at-risk, older adults. We offered vouchers in September and October to encourage participants to come to the market. This was the program's original model before Covid, and we plan to go back to this procedure for 2024. CSU's Dept of Human Development and Family Studies is finalizing a survey they did on the impact of MD and health. Nearly 100 participants did the survey. In addition to HDFS interns, we also had interns from the Nutrition Department. We are researching grant opportunities for next year.

Senior Access Points (Cheryl) - We had three outreach booths in September and October, one at UCHealth's Fall Prevention event and two at our market. We are exploring options with the Veterans Office to get SAP resources to older adult veterans in need.

Larimer Advance Care Planning (Cheryl) - Cheryl did a presentation to Lisa's Spanish Aging Mastery class. Our bi-lingual Market Days intern translated our materials to Spanish and Lisa arranged for an interpreter. Cheryl presented at Chilson Senior Center and will be in their events guide for two more presentations in the spring. Upcoming presentations include Good Samaritan and Mirasol Housing in Loveland, and VOA's Cadence and Sanctuary communities in FC.

Radon Grant (Christa)- We received a grant (5k) from the Colorado Dept. of Public Health and Environment to develop and implement a radon education campaign. We will partner with Larimer County Health Dept. and the City of Fort Collins to run a social media campaign that aims to increase knowledge and risk perception of radon in homes and provide free test kits. We are hoping to reach rural, low-income, and Spanish speaking communities in the County with our messaging.

Mental Health (Christa) - Christa is partnering with faculty at Human Dimensions of Natural Resources to explore nature based approaches to reduce mental health and stress related issues. We helped the faculty apply for a grant through Larimer County Natural Resources to provide community education about nature and health and conduct community engagement to prioritize future projects/programs. Christa has also been attending local conferences and meetings related to mental health to assess where CSU Extension can be most beneficial with future programming. Lastly, we are partnering with Behavioral Sciences faculty to help recruit teens to participate in Learning to Breathe, a mindfulness curriculum and research study. Christa will observe the program and assess its fit with Extension as a future programming option.

7. **Horticulture** (*Alison*)

Green School starts the week of October 30 - there are 15 Apprentices who will be training as Master Gardeners for 2024 (45 applied; 27 were interviewed; 15 were selected)

The Master Gardener sweet pepper trials were harvested on October 10 and the data will be compiled and published this fall/early winter. Over 800 pounds of peppers were donated to the Larimer County Food Banks in Fort Collins and Loveland.

With Deryn Davidson, I taught a three-week series of classes for OLLI - and we have been asked to do another series this spring!

The Rocky Mountain Regional Turfgrass Conference will be December 5-7 at the Ranch in Loveland - with Eric Hammond, we'll be doing a workshop on tree identification and tree diagnostics

The Master Gardener recognition event will be held on Saturday, December 16 at Front Range Community College starting at 9am

8. **General/Other** (*Cary*)

Extension Showcase:

Save the Date: January 31 8:30-10am, 200 West Oak

Chair/other participation - at event and video narration

Volunteers requested for:

Help with invite list

Proofreading script

Gift bag stuffing

Event setup

Interactive display stations

Committee members interested in serving beyond a second term can apply when applications are accepted, with preference given to new, qualified applicants covering areas of topic expertise.

Staff Presentation

Food Safety & Nutrition Presentation - Amber/Analecia

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Discussion

Draft Community Aims and Extension Indicators

Next Meeting Scheduled

1/3/2024: 8:00am - 10:00am

Adjourn

Per the Americans with Disabilities Act (ADA), Larimer County will provide reasonable accommodation to qualified individuals with a disability who need assistance. Services can be arranged with at least seven (7) business days' notice. Please email us at aweakland@larimer.org or call (970) 619-6002 or Relay Colorado 711. "Walk-in" requests for auxiliary aids and services will be honored to the extent possible but may be unavailable if advance notice is not provided.