



LARIMER COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

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Extension Advisory Committee Meeting Minutes

July 7th, 2022
8:00 a.m. - 10:00 a.m. virtually via Zoom*

Advisory Board members attending: Kara Rudnick, Matt Holloran, Irene Romsa

Guest: Phil Stout

Commissioner's Office: Commissioner Kristin Stephens - absent.

Extension staff attending: Andy Weakland, Cari Brown, Karen Crumbaker, Kerri Rollins, Analecia Vasquez, Rachel Wildman, Lisa Auer

CALL TO ORDER: at 8:01 a.m. by Kara Rudnick

PUBLIC COMMENT: No comments.

AGENDA REVIEW: No additions or changes to the agenda.

APPROVAL OF LAST MEETING MINUTES: Minutes approved with no changes.

BOARD FEEDBACK: None.

COUNTY COMMISSIONER LIAISON REPORT/COMMENTS: Commissioner Stephens is attending the Gates Family Foundation serving her Harvard Fellowship and will be out of the office for six weeks.

INFORMATION ITEMS: (10 minutes, highlights)

Toby Swaford, 4-H STEM Coordinator, has taken a full-time job at the state 4-H Office as the statewide STEM coordinator.

Kerri: We have taken Toby's STEM position and combined it with Juntos. We have made an offer for a replacement. At our next meeting we should be able to welcome our new STEM/Juntos coordinator.

Lisa: I did not participate in the hiring committee but did attend the staff interview. I am sure whoever is selected will be a great fit. Community partners are already stepping up to support the Juntos program. The next meeting with them will be in August and the first program will begin in conjunction with Poudre High School.

Kerri: Maya is no longer on the board. She did not want to overcommit her time. I have been actively recruiting new board members, but do not have any takers yet. We still have two to three applications. The County has postponed the approval of board members, but I have asked their office to open the portal again to try and get more applicants.

Kerri: We have a signup sheet for the Larimer County Fair (in the Advisory Board Drive folder). If there is a shift that you could help cover that would be great. Because our role at the fair has changed, in Open Class we will have our regular booth, but instead of our typical action corner we will have a small stage and will host an hourly education event on the stage. These will be more hands-on activities. We have been working closely with the Fair Coordinator, Laura Boldt, on this.

4-H: (Bailey, Katie, Pam, and Diane)

- Fair Entry is currently open for the Larimer County Fair and will close July 8, 2022.
- 4-H members can register for Interview Judging in Fair Entry between June 27 and July 18, 2022.
- Katie Daywalker attended the National 4-H Positive Youth Development Academy virtually on May 10-12, 2022. The theme was Helping Youth Thrive – Building 4-H Professional Capacity to Strengthen Youth Mental Health through Positive Youth Development.
- The 2022 Creative Cooks and Cake Decorating Contests were held on May 21, 2022. 36 youth participated and we are looking forward to sending our champions to compete at the State Fair!
- The 2022 Public Presentation Contest was held on June 4, 2022. Seven youth participated and we are looking forward to sending our champions to compete at the State Fair.
- Vet Science members had the opportunity to attend a tour of the new CSU Spur Campus in Denver on June 4, 2022. They learned about future career opportunities, observed live spaying of cats, and learned about the resources available in the Vida and Terra buildings on the campus.
- The Larimer County 4-H Foundation held their annual scholarship night on June 3, 2022, where they awarded 4-H members and alumni scholarships to support their pursuit of higher education opportunities.
- On June 5, 2022, District II Senators (Larimer, Boulder, and Weld Counties) hosted Junior Jamboree at The Ranch for 4-H members ages 8-12. Workshops focused on building leadership skills, teamwork, learning how to lead in officer roles and in 4-H

generally. The fun and engaging activities were developed by the Senators who are 4-H senior members elected by peers within their counties.

- The Larimer County Sheep and Goat Camp was held on June 6, 2022, and the Larimer County Swine Camp was held June 10-11, 2022. The Larimer County Livestock Judging Team took 3rd place at the World Pork Expo in the Senior Division. The Larimer County Livestock Judging Team was 2nd in the Hog Division at State Conference. The Larimer County Livestock Quiz Bowl Team took 4th at the Colorado State Conference.
- The Larimer County Family Consumer Science Skill-A-Thon Team were the Colorado State Team Champions at the Colorado State Conference. Megan Fisher was the Individual Champion, and Aralee Rinebarger earned 3rd place as an Individual.
- Our new projects this year, Beekeeping and Metalworking, are in full swing and have been successfully meeting regularly. Although the beekeeping project does not require keeping bees your first year, many of our members have jump right in to do so. We are looking forward to seeing their projects at the County Fair!
- We have hosted 42 project workshops in May and June between Family Consumer Science & General Projects.
- The Junior Leadership Club is excitedly preparing to host the Dairy Bar concessions stand once again in the McKee Building during the Larimer County Fair. All proceeds go towards scholarship funds for Larimer County 4-H youth. Please stop by to support them during the fair!
- Our focus for the month of July is preparing for the Larimer County Fair, which will kick off on June 22nd with our Dog Project Costume contest, and events and contests will continue through August 9th, when our focus will transition to the Colorado State Fair. Colorado State Fair events run through August and September.

Horticulture and Farmers' Market (Alison and Rachel):

- The Master Gardeners have done multiple Q&A booths in the community this spring, including the City of Fort Collins Xeriscape Garden Party, the Junior League Garden Tour, the CSU Lagoon concert series, Heart and Sol's Juneteenth celebration at Foote Lagoon, plus the Berthoud and Loveland farmers' markets (once per month).
- Three Grow Smart Eat Smart classes were taught for Spanish-speaking individuals (with huge help from Lisa) by Alison, Amber, and Jessica Clifford. These classes focus on teaching individuals about vegetable container gardening with a cooking/nutrition component. The Scotts Company donated potting media, fertilizer, and plant starts. Ace Hardware supplied buckets and watering cans at wholesale cost.
- Master Gardener Jon Weiss launched the sweet pepper trials at ARDEC South (formerly known as the horticulture farm). He has 15 different cultivars in the trial to determine which grow best for home gardens.
- With the CMGs, a container vegetable demonstration is at the CSU Annual Trial Gardens (in front of the CSU Center for the Performing Arts), showcasing 14 containers with different vegetables and herbs. The purpose is to show people that you can grow many herbs and vegetables in containers.
- The first Twilight Garden Series for 2022 was held in May at the Gardens on Spring Creek. Alison and Amy Lentz from Boulder County taught about summer-blooming bulbs (cannas, dahlias, elephant ears); 40 people attended. Additional classes are June 21, July 19, and August 23, 2022. These classes are a partnership with Larimer County

Extension, the CSU Department of Horticulture and Landscape Architecture, and the Gardens on Spring Creek.

- The Farmers' Market is on track to have its most successful year to date.
- Our Pride at the Market event was a huge success. We estimate over 2000 people attended and we're looking forward to our other events later this season.
- There was a meeting to discuss Extension's role in moving forward with the market at Powerhouse II. We are well on our way! We are in the process of bringing on a consultant on recommendation of Dr. Rebecca Jablonski from NoCo Foodshed. We received a draft statement of understanding and you are welcome to read it at your leisure:
<https://docs.google.com/document/d/1N2jf2rb3x5QLxaAW8iF489f6JbA8XuTi/edit?usp=sharing&oid=116960851156010159906&rtpof=true&sd=true>
- Rachel: The last market was our most successful. There are a lot of new vendors who have participated. I have been looped into the Powerhouse discussion and what that will look like. (See draft statement of understanding above).
- Matt: I would like to clarify the consultant duties to compare and contrast the different location as well as the ability to have multiple markets.

Food & Nutrition (Amber and Analecia):

- Certified Food Protection Manager (CFPM) full training classes began on June 14, 2022. We offer the class two times per month, until the demand is higher. Registration has been from three to seven attendees so far, but numbers appear to be increasing for July.
- Analecia: The first exams were held last week, and two individuals did not pass and will be retesting. They were originally taught with the ServSafe program. The NEHA program we are using is translated better into different languages and I anticipate better success rates. I also gave our first class and exam with the NEHA material and all of the attendees passed.
- Analecia is working with the LCDHE to help hand out information about both Food Safety Works (FSW) and CFPM, reaching out to the businesses that need some extra persuasion or want to discuss options. Building these relationships is important.
- Analecia is working with the City of Fort Collins and the MultiCultural Entrepreneur Center to reach the Latinx Community and working on offering classes in Spanish as well as translation for our FSW Basic Food Safety Education. She is also networking with the education system as well to offer education in other areas besides restaurants, or areas that are hospitality driven.
- Amber has developed and is launching a "part 2" series of classes in the MoneySmart financial literacy program in July. The classes are offered to Larimer County Human Service clients.
- The schedule for hands-on food preservation classes has been released.
- Amber worked with Alison and Lisa to offer a pilot program called Grow Smart Eat Smart. (See Alison's comments above).
- Amber has partnered with AARP of Colorado to give a new presentation on Healthy Eating for Older Adults. Great feedback was received and over 100 people attended.

Ag & Natural Resources (Karen): Presenting to the board this morning on year-to-date accomplishments.

Community Development (Sue, Lisa and Cheryl):

- Market Days secured \$10,250 in sponsorships prior to the season start date of June 4, 2022. This allowed us to expand the program by increasing more participants and start a pilot service to provide transportation to and from the market to homebound participants.
- We have two interns from the CSU's Department of Human Development and Family Studies working on Market Days! for the summer.
- Sue presented in Breckenridge on June 22, 2022, to over 160 participants at the Colorado Municipal League conference in a session titled, "Lifelong Colorado, Preparedness for an Aging Population."
- Sue offered a new wellness class in June called Trauma Awareness - Listening to the Body. 18 people were in attendance.
- Sue has been invited to represent CSU Extension on the steering committee for the CU Anschutz Colorado Health Extension System. She will also be presenting to the CU Anschutz State Networks for Ambulatory Practices and Partners (SNOCAP) team on CSU Extension's efforts in developing a rural health initiative in early July.
- Sue is the co-chair of the search committee for the Office of Engagement and Extension's rural health specialist position. There are four open positions which the committee is currently interviewing for.
- Sue is working with a Master of Public Health Student intern this summer to conduct health research, assess existing health programs and partnerships across the state and develop training tools and resources to support these new Rural Health Specialists.
- Lisa is working alongside Yurixhi and Jesus from Fuerza Latina to bring the Aging Mastery Program in Spanish to Larimer County. We are hoping to provide this program to our community in fall 2022.
- Lisa and Laura will be at the LCFM once a month to serve as Market Ambassadors.
- Lisa met with members from our Latino community. They shared their enthusiasm with the Grow Smart Eat Smart program and would like to collaborate to bring more "fun and educational" programming to their community in collaboration with Fuerza Latina.
- Lisa is in the initial planning phase, through discussions with Analecia, of bringing parts of the food safety program and accompanying laws into a Spanish language model.
- Parklane Mobile Home Park is in the process of becoming resident-owned. They close in August. Sarah from the resident board has reached out to Lisa to partner with FLTI to assist in facilitating conversations and building a model for community governance.
- In partnership with the City of Fort Collins, Lisa assisted in recruiting and providing facilitation for their indoor air quality focus groups. The city provided funding for assistance in the project.

PRESENTATION: Ag & Natural Resources, Karen Crumbaker (refer to presentation attached)

- A. Topics: Native Plant Masters Program, native plants, radon, small acreage site visits, emergency preparedness, task forces, and CSU Extension internship program.
- B. Matt: Do you take the opportunity to talk to people about the weeds that are not on the noxious weed list?
- C. Karen: Yes, we talk about all aspects of weed management. We focus a lot on all our native plants. Most noxious weeds are not native.

- D. Kerri: Karen has a great relationship with the Larimer County Weed District, who she will refer people to for further information. They will help come out and spray for noxious weeds if they desire as well. They have good knowledge of the different chemicals that they can use for control purposes.
- E. Karen: Helping individual control noxious weeds through spraying and other management techniques is what I try to focus on during site visits as well.
- F. The Extension internship presentation is scheduled for October 24, 2022, at 5:00 p.m.
- G. Kerri: Karen does a great job of covering a lot of bases that we need covered here in Larimer County.

DISCUSSION:

- A. Ag Advisory Board internship project on Ag policy and support in Larimer County
Kerri: The Commissioners have asked us to host an intern for the Ag Advisory Board. We have asked our intern Cesar to compare similarities of Larimer County with counties throughout the United States.
- B. NOCO Foodshed Project overview
Kerri: They have received a grant to do planning within the Larimer County area. The goals are public outreach and policy (TGP), community support (La Familia/TGP), producer support (PVCF/Foodshed Project), market and infrastructure support (ReKaivery/Foodshed).
- C. Naturalist in Stewardship program
Kerri: I have been trying to begin this program at the state level. This has been done in Extension in many other states. The City and County still do this, but it is not needed in some counties. A lot of our Extension offices have been asked to run this program.
Matt: I approached the Natural Areas program several years ago about the weed problems they are having. I approached them to establish a monitoring program, since there is not one currently. There is no way to monitor the effectiveness of the spray program. I think Citizen Science programs are the answer to this issue.
- D. STEM
Irene: Working with STEM on a traveling museum every week. It has been going great and I just wanted to let everyone know what we are doing in partnership with STEM.

MEETING ADJOURNED: 9:53 a.m.

NEXT MEETING SCHEDULED: September 7, 2022, at 8:00 a.m.

Respectfully submitted,
Andy Weakland
July 7, 2022

Per the Americans with Disabilities Act (ADA), Larimer County will provide reasonable accommodation to qualified individuals with a disability who need assistance. Services can be arranged with at least seven (7) business days' notice. Please email us at aweakland@larimer.org or call (970) 619-6002 or Relay Colorado 711. "Walk-in" requests for auxiliary aids and services will be honored to the extent possible but may be unavailable if advance notice is not provided.